

North U. Match Racing Clinics

Host a Clinic

As part of a promotion of match racing, North U is organizing a series of *Match Racing* clinics in North America. The clinics are open to all sailors and will be offered through select clubs and fleets across the country. Since 2007 clinics have been held on five continents.

Curriculum

The Match Racing Clinic Curriculum was created by Dave Perry (4X US Nat'l Champion), Liz Baylis (WIMRA) and Bill Gladstone (North U). The course is targeted to fleet racing sailors. Prior match racing experience is not required.

Four day, three day, and two day *plus* formats (one evening followed by 2 full days) are available. Sailors learn all about Match Racing: entry, dial-ups, circling, lead/push, the hook, shift right, and a slew of other match racing tactics and techniques. Dave Perry's new *North U Match Racing Playbook* and the Henry Menin/ John Cutler *Match Racing Book-on-Disc* 4ed are provided for all students.

Host Requirements

- Boats: 4 to 12, ideally, 20-28 foot keelboats (crew of 3-5)
- Chase boats, buoys, flags.
- Classroom with screen and magnetic board
- Promotional assistance. (Help spread the word!)

Fees

Thanks to the generous support of a match racing enthusiast we can provide the clinic coach(es) and course materials at NO COST. The host can set a fee to cover local expenses (use of boats, fuel, meals and personnel, etc.). Host is also responsible for accommodations and local transportation for the clinic coach(es). If required, you can collect a damage deposit from the skippers on site.

Registration

Participants sign up individually or as a full (or partial) crew at www.NorthU.com or by calling North U at 203 245 0727. Alternatively the host club/ fleet can handle registration.

How to Proceed

We are scheduling now. Let us know if you are interested and if possible, offer a selection of dates. Please don't hesitate to call or write with questions.

Bill Gladstone
Bill@NorthU.NorthSails.com
Fran Wainer
Fran@NorthU.NorthSails.com
North U: 203 245 0727 or 800 347 2457



Brazil Clinic Participants



Racing at the New York Clinic



Snapshot from Curriculum Video



Menin Cutler Disc and Perry Playbook

North U.